

## Deciding whether to return home

You may not be able to walk via your normal route due to collapsed buildings and crumbled roads. If necessary, you may have to make the decision not to go home if you live more than 10 km away.

Check the distance between the university and your home.

Stations to support people walking home: During disasters, you can get help at convenience stores or gas stations if you need a restroom or drinking water.

### Going home

- Do you know the distance between the university and your home?
- Do you wear shoes safe enough to walk roads scattered with wreckage and glass?
- As a rule, walk the main roads and pay close attention to fallen objects. Never use cars.

### Deciding not to go home

When disaster strikes, it is very likely that main stations and roads will be severely congested. Another option is to stay in a safe place instead of immediately going home.

### If you stay on campus

Nagoya University has a volunteer fire team for each block of campus that will issue instructions when needed. Follow any instructions announced by the school.

### If you are off campus and it is difficult to go home

Go to an open-area evacuation site such as a designated large park or open space or designated shelters (such as an elementary school, junior high school, high school, or welfare center).

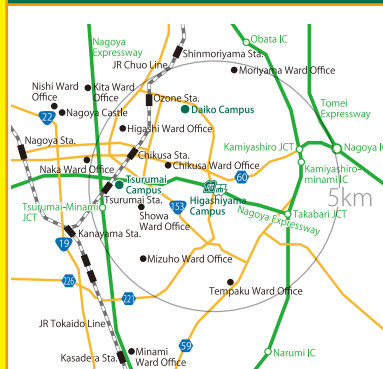
Carefully assess the situation and come to Nagoya University if possible. The university will work to get food and information during disasters. If you don't know where to go, try to come to campus.

\*Evacuation sites: safe places when large disaster occurs, offering restrooms, rest, and information. Notify the person in charge of the site if you are not a Japanese speaker.

- Register on the Nagoya University portal site
- Check for alerts from the emergency earthquake warning system
- Sign up for the Disaster Emergency Message Dial and try it

- Items to bring with you: Portable radio, LED light, writing materials, portable battery charger, etc.
- Items to keep in your home: Flashlight, water, radio, batteries, and a small amount of money

## Map out the way home right now.



● Enter your information here

■ Distance between Nagoya University and your home

■ Major landmarks:

Nagoya University →

→

→

→ Home

\* Emergency earthquake warning: Issued when seismic waves are observed at two or more seismograph stations and the predicted maximum seismic intensity is 5 or stronger.

\* A seismic intensity of 5 means that many people will be concerned by the shaking and feel that they need to hold on to something.



Enter your personal information right now.

Name:

Age/date of birth:

Nationality:

Passport Number:

Embassy Tel:

Email:

Consular office Tel:

Email:

Student ID:

Nagoya University ID

Telephone number(s) for faculty in charge:

Sex:

Blood type:

Allergies:

Language Spoken:

Address:

Phone number:

Family's cellphone number:

Additional notes:

Carry At All Times

# What to do in a major earthquake!

Foresee the disaster and prepare now  
2014 version



When an emergency earthquake warning is issued

You have between several seconds and a few dozen seconds before the strong quake strikes.



DO NOT START RUNNING. DO NOT PANIC. Calm down and look for a safe place.



NAGOYA UNIVERSITY

When an emergency earthquake warning is issued on campus

Do not panic. Protect yourself

Almost all Nagoya University buildings are earthquake resistant and are in no danger of collapsing.

Calm down. Follow instructions of teacher to evacuate.

Nagoya University has a volunteer fire team for each block of campus.

As soon as you are safe, report your status to others.

If you are prepared, you will be able to communicate calmly.

Go home once you get accurate information on the situation.

Nagoya University will help those who have trouble going home. Assess the situation and come to the university if you think you will not be able to get home.

Disaster Management Office Nagoya University  
<http://www.seis.nagoya-u.ac.jp/taisaku/>



You never know when an earthquake will strike. Prepare NOW.

**When an earthquake strikes!**  
**Intense shaking will last only 1-2 minutes**  
**Keeping yourself safe should be your first priority**



### On campus

**Stay away from**

Large furniture and large laboratory equipment  
 Glass objects that may shatter  
 Dangerous objects in use



### Off campus

**Stay away from**

Fences, telephone poles, and vending machines  
 Shop showcases, large items

Crouch down in a safe place.

**Blackouts are darker than you think!**

**Power failure**

Flatten yourself against a thick pillar.  
 Crouch down in a space you can fit in, such as, a staircase landing.  
 Protect your head from falling objects

**Do you have flashlight with you?**

Traffic lights will stop functioning.  
 Be careful of cars.

**When the shaking stops**  
**Stay Calm, support others, and accurately assess the situation.**

**1** Assess the situation in the room.

**2** If there is a fire, notify others in a loud voice.  
**▶ Work together to start containing it as long as you can stay safe.**

**3** If anyone is injured, work together to provide first aid.  
**▶ Take the injured person to the First-aid Center according to the instructions provided.**

**4** Shut off light and power/gas lines.

**5** Follow instructions of teachers (if off campus, persons responsible for evacuation) and evacuate to a safer place.

**6** Do not use elevators.  
 If you are in an elevator, press every button and get off the elevator immediately after the door opens.

**7** Protect your head and watch out for falling objects.

**8** If there is smoke or fumes, stay low and evacuate.

**9** If you are in a coastal area, getting away from possible tsunami should be your first priority.

**A series of aftershocks will follow.**  
**Stay calm and take the necessary actions.**

**Stay rational. Do not get caught up in false information or internet rumors.**  
**Getting accurate information is critical.**

NHK radio R2 (909 KHz) English, Chinese, Korean, and Portuguese  
 FM broadcast stations

☎110 Emergency call to police    ☎119 Fire, ambulance, emergency rescue

### How to communicate when disaster strikes



**NTT Disaster Emergency Message Dial (171)**

Ways to let your family and friends in Japan (outside the affected area) know you are safe  
 (landline/payphone/cellphone to fixed-line phone)

#### How to use Dial 171

Dial **1 7 1**

guidance

Report your situation (recording)

**1**

Area code + Home telephone number

Confirm somebody's situation (play)

**2**

Area code + Your home telephone number

Can record messages up to 30 seconds per message which are saved for 2 days (automatically deleted after 48 hours)  
 Public phones are given priority during disasters.  
 Toll free (money-back system is used for some models)

● Write numbers in advance.

Area code                      Phone number

—

Area code                      Phone number

—



**Disaster message board service for cellphones**

Message board service available for cellphones

NTTdocomo  
<http://dengon.docomo.ne.jp/Etop.cgi>  
 au  
<http://dengon.ezweb.ne.jp/E/service.do>  
 SoftBank  
<http://dengon.Softbank.ne.jp/pc-e1.jsp>  
 Willcom  
<http://dengon.willcom-inc.com/dengon/Top.do> (link to English page)



**Sign up for these services and test them.**

You can try the cellphone message board services with your friends on the 1st and 15th of every month, January 1st through 3rd, Disaster Prevention Week (Aug. 30th through Sept. 5th), and Disaster Prevention Volunteering Week (Jan. 15th through Jan. 21st)



**Report to the university**

Register your email address on the Nagoya University portal site

<https://portal.nagoya-u.ac.jp/>

The university may post emergency and other important notices.



Sign up through the Nagoya University portal site now!

After the disaster, access the Nagoya University portal site to report your status.

