

Deciding whether to return home

It may be impossible to travel via your normal route due to collapsed buildings, crumbled roads, or thick crowds. Average walking speed is 2.5 km per hour.

Check the distance between the university and your home.

Stations to support people walking home: During disasters, you can get help at convenience stores or gas stations if you need a restroom or drinking water.

Going home

- Do you know the distance between the university and your home?
- Do you wear shoes safe enough to walk roads scattered with wreckage and glass?
- As a rule, walk the main roads and pay close attention to fallen objects. Never use cars.

Deciding not to go home

When disaster strikes, it is very likely that main stations and roads will be severely congested. Another option is to stay in a safe place instead of immediately going home.

If you stay on campus

Nagoya University has a volunteer fire team for each block of campus that will issue instructions when needed. Follow their instructions.

If you are off campus and it is difficult to go home

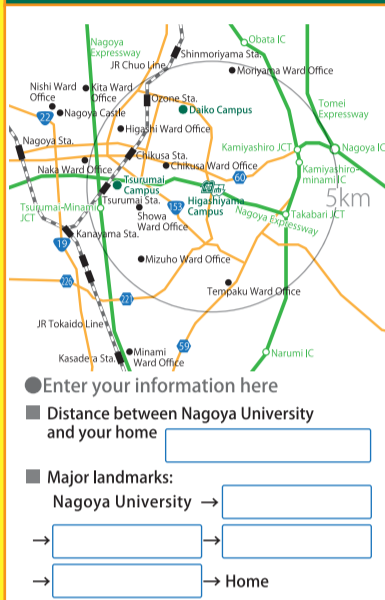
Go to an open-area evacuation site such as a designated large park or open space or designated shelters (such as an elementary school, junior high school, high school, or welfare center).

Carefully assess the situation and come to Nagoya University if possible. The university will work to get food and information during disasters. If you don't know where to go, try to come to campus.

* Evacuation sites: safe places when large disaster occurs, offering restrooms, rest, and information. Notify the person in charge of the site if you are not a Japanese speaker.

- Register on the Nagoya University portal site
- Check for alerts from the emergency earthquake warning system
- Sign up for the Disaster Emergency Message Dial and try it
- Items to bring with you: Portable radio, LED light, writing materials, portable battery charger, etc.
- Items to keep in your home: Flashlight, water, radio, batteries, and a small amount of money

Map out the way home right now.



* Emergency earthquake warning: Issued when seismic waves are observed at two or more seismograph stations and the predicted maximum seismic intensity is 5 or stronger.
* A seismic intensity of 5 means that many people will be concerned by the shaking and feel that they need to hold on to something.

What to do in a major earthquake!

Foresee the disaster and prepare now



When an emergency earthquake warning is issued

You have between several seconds and a few dozen seconds before the strong quake strikes.

DO NOT START RUNNING. DO NOT PANIC. Calm down and look for a safe place.

Know what the warning sounds like (NHK radio/TV) <http://www.nhk.or.jp/bousai/chime/index.html>



When an emergency earthquake warning is issued on campus

Do not panic. Protect yourself

Almost all Nagoya University buildings are earthquake resistant and are in no danger of collapsing.

Calm down. Follow instructions of teacher to evacuate.

Nagoya University has a volunteer fire team for each block of campus.

As soon as you are safe, report your status to others.

If you are prepared, you will be able to communicate calmly.

Go home once you get accurate information on the situation.

Nagoya University will help those who have trouble going home. Assess the situation and come to the university if you think you will not be able to get home.

Disaster Management Office Nagoya University <http://www.seis.nagoya-u.ac.jp/taisaku/>



You never know when an earthquake will strike. Prepare NOW.

When an earthquake strikes! Intense shaking will last only 1-2 minutes Keeping yourself safe should be your first priority



On campus

Stay away from

Large furniture and large laboratory equipment
Glass objects that may shatter
Dangerous objects in use

Crouch under a table.
If possible, open the doors

Blackouts are darker than you think!



Off campus

Stay away from

Fences, telephone poles, and vending machines
Shop showcases, large items

Flatten yourself against a thick pillar.
Crouch down in a space you can fit in, such as, a staircase landing.
Protect your head from falling objects

Do you have flashlight with you?
Traffic lights will stop functioning. Be careful of cars.

Power failure

When the shaking stops Stay Calm, support others, and accurately assess the situation.

- Secure an exit by opening the doors. Assess the situation in the room.
- Stay calm during aftershocks.
- If there is a fire, work together to start controlling it as long as you can stay safe
- If anyone is injured, work together to provide first aid as long as you can stay safe.
- Shut off light and power/gas lines.
- Follow instructions of teachers (if off campus, persons responsible for evacuation) and evacuate to a safer place.
- Do not use elevators. If you are in an elevator, press every button and get off the elevator immediately after the door opens.
- Protect your head and watch out for falling objects.
- If there is a smoke or fumes, cover your mouth with a handkerchief.
- If you are in a coastal area, getting away from possible tsunami should be your first priority.

Stay rational. Do not get caught up in false information or internet rumors. Getting accurate information is critical.

NHK radio R2 (909 KHz) English, Chinese, Korean, and Portuguese FM broadcast stations

How to communicate when disaster strikes



NTT Disaster Emergency Message Dial (171)

Ways to let your family and friends in Japan (outside the affected area) know you are safe (landline/payphone/cellphone to fixed-line phone)

How to use Dial 171

Dial 171 guidance

Report your situation (recording)

1

Area code + Home telephone number

Recipient confirms your situation (play)

2

Area code + Your home telephone number

Recording time: 30 seconds or less per message, messages are saved for two days (automatically deleted after 48 hours)
Public phones are given priority during disasters.
Toll free (money-back system is used for some models)

Write numbers in advance.

Area code Phone number

Area code Phone number

Area code Phone number

Area code Phone number



Disaster message board service for cellphones

Message board service available for cellphones

NTTdocomo <http://dengon.docomo.ne.jp/Etop.cgi>
au <http://dengon.ezweb.ne.jp/E/service.do>
SoftBank <http://dengon.Softbank.ne.jp/pc-e1.jsp>
Willcom <http://dengon.willcom-inc.com/dengon/Top.do> (link to English page)



Sign up for these services and test them.

You can try the cellphone message board services with your friends on the 1st and 15th of every month, January 1st through 3rd, Disaster Prevention Week (Aug. 30th through Sept. 5th), and Disaster Prevention Volunteering Week (Jan. 15th through Jan. 21st)



Report to the university

Register your email address on the Nagoya University portal site

<https://portal.nagoya-u.ac.jp/>

Promptly report to the university, whether or not you are on campus. The university may post emergency and other important notices.



Sign up through the Nagoya University portal site now!

